



Halotherapy - Salt Cave Waiver

Halotherapy, also known as dry Salt Therapy, is a fast-growing, holistic approach that mimics the microclimate of a salt cave.

Clients breathe in the micro-sized salt particles, which are immediately transported to every part of the respiratory tract, even the smallest alveoli, and bronchioles. Then, the dry salt molecules dissolve and attract small impurities... the reason why it is called the "toothbrush of the lungs."

Salt therapy may eliminate the root of inflammatory respiratory illnesses in the lower and the upper tract like asthma, bronchitis as well as allergies, by destroying bacteria and restoring health and immunity.

Clients may experience: Dry or itchy throat, nasal drip, and increased coughing at the beginning. This is a natural part of the cleaning process of the respiratory system, during which the pollution, accumulated through a long time, and now loosened up by the salt, is expelled from even the deepest regions of the lungs. Such side effects should cease with the removal of pollution and pathogens. Skin irritation and dermal sensitivity may occur. In such a case, decrease the frequency of sessions.

The use of Salt Therapy is not intended to treat, cure or prevent any illness or condition. All medical conditions should be treated by a physician competent in treating that particular condition. The use of Salt Therapy is not intended to substitute for medical care or treatment. Do not stop your medication without first consulting with your doctor. Salt Therapy does NOT substitute for any conventional medication. If you have any questions about Salt Therapy, check with your doctor before proceeding.

Halotherapy is not recommended in the following cases: tuberculosis, fever, contagious conditions, severe heart disorders, or existence of cancer, advanced pregnancy, or acute state of respiratory attack.

I certify that I have read and understand the information contained in this form and that I will not hold MonroeWellness,LLC or its subsidiaries, suppliers, agents or employees, liable for any physical or mental issues, problems or complications that may result from, or that I may correlate to, the Salt Cave session.

Name Printed: _____

Signature: _____

Today's Date: _____